

5 Drugs and alcohol

Core Verse

Proverbs 20v1. Wine is a mocker, strong drink is a brawler, and whoever is led astray by it is not wise.

Background

Solomon was someone who liked to get the most out of life. He also saw how others lived and the results of their actions. He came to the conclusion that abusing your body wasn't a great idea as it led to all sorts of other problems. In Solomon's day drink could be habit forming and often led to people spending all their money on alcohol which he thought was none to clever.

1. Have you or any of your friends been "influenced" by drugs or alcohol?

2. What sort of behaviour is usually associated with drugs or alcohol?

More Info

There were plenty of people that became victims of alcohol in biblical times. Even top names like Noah and Lot appear in the list. Mixing Lot, alcohol and his daughters resulted in numerous wars and problems that lasted for many centuries.

Some people use drugs or amphetamines to escape from life. Others think they are enhancing their lives. But this is a lie that Satan uses all the time with remarkable success (remember, Satan is the Father of Lies). Satan *wants* people to lose control so that he can influence their behaviour. He especially likes to see Christians out of their minds rather than on-fire for God.

Dig deeper

Read Genesis 19v30-38 “*Lot + wine = bad news*”

3. How does Lot’s encounter with alcohol stand as a warning to you?

4. How can taking alcohol and/or drugs from your friends at parties lead to unexpected outcomes? Give examples.

Dig deeper

Read 2 Samuel 11v2-15

5. If David was the King was it his right to have sex with whoever he pleased? Explain.

6. How did King David intend on using alcohol to cover up his sin? Why didn't his plan work?

Dig deeper

Read Proverbs 23v21

7. How can alcohol and drugs lead to a poverty that involves more than just a lack of money?

Dig deeper

Read 1 Corinthians 3v16-17

8. How does taking drugs or excessive drinking affect our relationship with God? Explain.

9. Why does God want us to keep control of our bodies and mind?

What's this got to do with us?

Drinking in moderation is fine if you are over the legal age. The problem is how do you determine what is acceptable? Once you've drunk too much you can't do much about it other than drink plenty of water to help overcome the dehydration and then wait for your liver to break down the alcohol (and hope you don't make a total fool of yourself or do something that you'll regret for the rest of your life).

If you have the Spirit of God living within you don't abuse His house. Keep control of yourself and let God work through you – don't give Satan the opportunity to manipulate you.